



ENTRANCE ANTIPHON

Men of Galilee, why gaze in wonder at the heavens? This Jesus whom you saw ascending into heaven will return as you saw him go, alleluia.

GREETING

In the name of the Father.... Amen.
The Lord be with you. **And with your spirit**

PENITENTIAL ACT

Lord Jesus, you came to gather the nations into the peace of God's kingdom: Lord, have mercy. **Lord, have mercy.** You come in word and sacrament to strengthen us in holiness: Christ, have mercy. **Christ, have mercy.** You will come in glory with salvation for your people: Lord, have mercy. **Lord, have mercy.** May almighty God have mercy on us....

THE GLORIA

Glory to God in the highest, and on earth peace to people of good will. We praise you, we bless you, we adore you, we glorify you, we give you thanks for your great glory, Lord God, heavenly King, O God, almighty Father. Lord Jesus Christ, Only Begotten Son, Lord God, Lamb of God, Son of the Father, you take away the sins of the world, have mercy on us; you take away the sins of the world, receive our prayer; you are seated at the right hand of the Father, have mercy on us. For you alone are the Holy One, you alone are the Lord, you alone are the Most High, Jesus Christ, with the Holy Spirit, in the glory of God the Father. Amen.

OPENING PRAYER

Grant, we pray, almighty God, that we, who believe that your Only Begotten Son, our Redeemer, ascended this day to the heavens, may in spirit dwell already in heavenly realms. Who lives and reigns

LITURGY OF THE WORD

FIRST READING Acts 1: 1-11

A reading from the Acts of the Apostles
In my earlier work, Theophilus, I dealt with everything Jesus had done and taught from the beginning until the day he gave his instructions to the apostles he had chosen through the Holy Spirit, and was taken up to heaven. He had shown himself alive to them after his Passion by many demonstrations: for forty days he had continued to appear to them and tell them about the kingdom of God. When he had been at table with them, he had told them not to leave Jerusalem, but to wait there for what the Father had promised. 'It is' he had said 'what you have heard me speak about: John baptised with water but you, not many days from now, will be baptised with the Holy Spirit.'

Now having met together, they asked him, 'Lord, has the time come? Are you going to restore the kingdom to Israel?' He replied, 'It is not for you to know times or dates that the Father has decided by his own authority, but you will receive power when the Holy Spirit comes on you, and then you will be my witnesses not only in Jerusalem but throughout Judaea and Samaria, and indeed to the ends of the earth.'

As he said this he was lifted up while they looked on, and a cloud took him from their sight. They were still staring into the sky when suddenly two men in white were standing near them and they said, 'Why are you men from Galilee standing here looking into the sky? Jesus who has been taken up from you into heaven, this same Jesus will come back in the same way as you have seen him go there.'

**The word of the Lord.
Thanks be to God.**

RESPONSORIAL PSALM Ps. 46:2-3, 6-9

R. God goes up with shouts of joy; the Lord goes up with trumpet blast, or Alleluia!

1. All peoples, clap your hands, cry to God with shouts of joy! For the Lord, the Most High, we must fear, great king over all the earth. **(R)**
2. God goes up with shouts of joy; the Lord goes up with trumpet blast. Sing praise for God, sing praise, sing praise to our king, sing praise. **(R)**
3. God is king of all the earth. Sing praise with all your skill. God is king over the nations; God reigns on his holy throne. **(R)**

SECOND READING Ephesians 1: 17 - 23

A reading from the letter of St Paul to the Ephesians

May the God of our Lord Jesus Christ, the Father of glory, give you a spirit of wisdom and perception of what is revealed, to bring you to full knowledge of him. May he enlighten the eyes of your mind so that you can see what hope his call holds for you, what rich glories he has promised the saints will inherit and how infinitely great is the power that he has exercised for us believers. This you can tell from the strength of his power at work in Christ, when he used it to raise him from the dead and to make him sit at his right hand, in heaven, far above every Sovereignty, Authority, Power, or Domination, or any other name that can be named, not only in this age, but also in the age to come. He has put all things under his feet, and made him as the ruler of everything, the head of the Church; which is his body, the fullness of him who fills the whole creation.

**The word of the Lord.
Thanks be to God.**

GOSPEL ACCLAMATION

Alleluia, alleluia! Go, make disciples of all the nations; I am with you always; yes, to the end of time. Alleluia!

GOSPEL Matthew 28:16-20

The Lord be with you **And with your spirit**
A reading from the holy Gospel according to Matthew

Glory to you, O Lord.

The eleven disciples set out for Galilee, to the mountain where Jesus had arranged to meet them. When they saw him they fell down before him, though some hesitated. Jesus came up and spoke to them. He said, 'All authority in heaven and on earth has been given to me. Go, therefore, make disciples of all the nations; baptise them in the name of the Father and of the Son and of the Holy Spirit, and teach them to observe all the commands I gave you. And know that I am with you always; yes, to the end of time.'

**The Gospel of the Lord.
Praise to you Lord Jesus Christ.**

NICENE CREED

I believe in one God, the Father almighty, maker of heaven and earth, of all things visible and invisible. I believe in one Lord Jesus Christ, the Only Begotten Son of God, born of the Father before all ages. God from God, Light from Light, true God from true God, begotten, not made, consubstantial with the Father; through him all things were made. For us men and for our salvation he came down from heaven, and by the Holy Spirit was incarnate of the Virgin Mary, and became man. For our sake he was crucified under Pontius Pilate, he suffered death and was buried, and rose again on the third day in accordance with the Scriptures. He ascended into heaven and is seated at the right hand of the Father. He will come again in glory to judge the living and the dead and his kingdom will have no end. I believe in the Holy Spirit, the Lord, the giver of life, who proceeds from the Father and the Son, who with the Father and the Son is adored and glorified, who has spoken through the prophets. I believe in one, holy, catholic and apostolic Church. I confess one Baptism for the forgiveness of sins and I look forward to the resurrection of the dead and the life of the world to come. Amen.



He is present both in heaven and on earth.

LITURGY OF THE EUCHARIST

Pray brothers and sisters,.....
May the Lord accept the sacrifice at your hands for the praise and glory of his name, for our good and the good of all his holy Church.

PRAYER OVER THE OFFERINGS

We offer sacrifice now in supplication, O Lord, to honour the wondrous Ascension of your Son: grant, we pray, that through this most holy exchange we, too, may rise up to the heavenly realms. Through Christ our Lord.

EUCHARISTIC PRAYER

The Lord be with you. **And with your spirit.**
Lift up your hearts.
We lift them up to the Lord.
Let us give thanks to the Lord our God.
It is right and just.

SANCTUS

Holy, Holy, Holy Lord God of hosts. Heaven and earth are full of your glory. Hosanna in the highest. Blessed is he who comes in the name of the Lord. Hosanna in the highest.

AFTER THE CONSECRATION

The mystery of faith.
Save us, Saviour of the world, for by your Cross and Resurrection you have set us free.

INVITATION TO HOLY COMMUNION

Behold the Lamb of God,
Lord, I am not worthy that you should enter under my roof, but only say the word and my soul shall be healed.

COMMUNION ANTIPHON

Behold, I am with you always, even to the end of the age, alleluia.

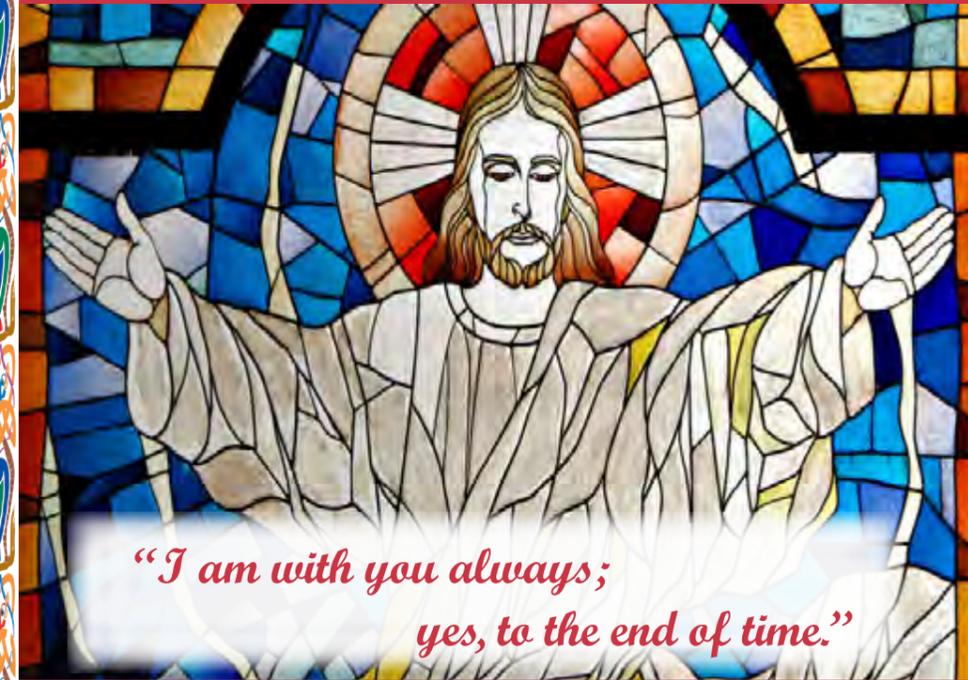
PRAYER AFTER COMMUNION

Almighty ever-living God, who allow those on earth to celebrate divine mysteries, grant, we pray, that Christian hope may draw us onward to where our nature is united with you. Through Christ our Lord.

CONCLUDING RITE

The Lord be with you. **And with your spirit.**
May the blessing of almighty God, the Father, and the Son, ✠ and the Holy Spirit, come down on you and remain with you for ever. **Amen**
Go in peace. **Thanks be to God.**

The Lord is absent : that was the first experience of Jesus' followers after his death. But even though he has returned to his Father, he is with us. Today's feast is the celebration that he is present both in heaven and on earth.



"I am with you always; yes, to the end of time."



This is a sort of here and there feast! We celebrate that the Lord's earthly mission is over, and the Easter apparitions have finished. He prepares to go to the Father and his followers will see this. He also has said that he 'would not leave them orphans', so we wonder how he is still with us.

Through the Holy Spirit, soon to be celebrated at Pentecost, Jesus lives on. The Spirit of Jesus lives on in each person, given at baptism and confirmation. This Spirit is given to us all, so it is through his followers today that Jesus lives on.

Where we give and share love in the ordinary times of our lives, where we pray to God and make time to be in the presence of God, Jesus is present. When we work for peace and justice, and when we show compassion and forgive – or try to forgive – each other, Jesus is present. We are not neglected by Jesus because he has gone to the Father – we are in the presence of Jesus because of the Spirit living in all of us.

It's a feast that links heaven and earth. Jesus who is in heaven, also lives among us today. We pray also today that 'where he is, we one day hope to be'. The presence of Jesus, ascended to the Father is an eternal presence of love for us all.

Donal Neary SJ, Editor Sacred Heart Messenger

Jesus' Story

Fr. Liam Hickey



Jesus friends wanted Him to stay with them forever. Jesus told them that He will stay with them, but in a new way, through The Holy Spirit, in their hearts. When He was on the mountain leaving, He told His Friends to tell all people that they have Three Special Friends in Heaven God the Father who makes the sun shine on everyone - the good, and not so good, Jesus who came at Christmas, to be our forever Friend, and The Holy Spirit who gives life to all things.